## I'M YOUR NEIGHBOR, HERE IF YOU NEED ME



My Name Is

My Phone Number Is

My Email Address Is

If you need help or you just want to talk, contact me or call Coastal Seniors at (707) 882-2137 or (707) 882-2237



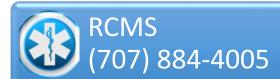
911



Mendocino County (707) 961-2421



Sonoma County (707) 565-2121



## **COASTAL SENIORS**

People helping people.